> 08 Hit for six

> 17 Newham's Bake Off

> 23 Sing when you're winning

# thenewhammag

issue 317 // 5 – 18 June 2015 // Every fortnight

## A new garden for Newham

Gandhi and Chaplin's meeting celebrated (p18)

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# the newham mag

Look out for the next issue from **19 June**
View the mag online at **www.newham.gov.uk/mag**

# contents

5 June 2015 // **issue 317**

delighted to be present at
ning of a new garden in
g Town celebrating the
meeting of two great
of the 20th century,
Gandhi and Charlie
(p18)

to get active in our borough
the Momsons Great
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of Newham's best

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## Regulars


04 NEWS – two pages of news from across the borough
06 MAYOR'S VIEW – news from Sir Robin Wales
20 NEWHAM IN PICTURES – your fortnight in photos
24 WORKING LIVES – meeting Newham's top cop
30 OUR NEWHAM – competitions and community news
32 KIDS CORNER – pictures and puzzles for our younger readers
34 WHAT'S ON – five pages of activities and events for you to try, most of them free


## Features


08 BOWLED OVER – looking forward to a summer of cricket in Newham

12

14

08

16


11 YOUNG MAYOR'S FUND – how to apply for a grant from the Young Mayor
12 MAKING ALL THE RUNNING – Paula Radcliffe's tips for the Momsons Great Newham London Run
14 MAYOR'S NEWHAM SHOW – a preview of one of Newham's most popular free events
17 BEST IN SHOW – Newham's bakers prepare to whip up a storm in the kitchen
18 GARDEN TRIBUTE TO HISTORIC MEETING – celebrating Charlie Chaplin and Mahatma Gandhi
23 SINGING IN UNION – the school choir chosen to welcome rugby world champions
27 STAY HEALTHY THIS RAMADAN – medical advice for fasting
29 CAUGHT ON CAMERA – help us put a name to these faces


Newham London

**Love Newham?** Download the free Love Newham app and report a range of environmental issues
Visit **www.newham.gov.uk/lovenewham**

**Town centre plan agreed**
Newham Council's Strategic Development Committee has granted planning permission for the redevelopment of Stratford Town Centre

The scheme will see the construction of a mixed use development that delivers an expected 587 homes with a mix of affordable housing including family-sized homes in two new residential buildings

There is also space for cafes and shops, a public open space and improved pedestrian routes and transport connections. Planning permission is subject to a Section 106 agreement, which is still being negotiated

**Litterbugs pay the price**
Five people prosecuted by Newham Council for environment crime offences have been collectively fined £610 by magistrates at Thames Court and also ordered to pay court costs totalling £600 and victim surcharges totalling £100

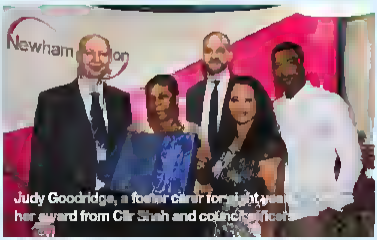
All have been told to pay up within 28 days. One person admitted the offence he faced while the other cases were proved in the absence of the defendants who failed to attend court. Offences included urinating in a public place, spitting, dumping furniture and littering by dropping cigarette butts and chicken bones.

**Singing project boost**
Stratford Circus arts centre has received funding from the National Foundation for Youth Music to deliver the New Young Voice Collective (NEWYVC) Mass Singing Programme, a three-year project involving more than 700 young people in Newham

National Foundation for Youth Music chief executive Matt Griffiths said: "We're delighted to support this ambitious singing project with 16 schools and hundreds of young people set to take part."

The NEWYVC summer concert takes place on 21 July at 7pm at Stratford Circus. To book call **0844 357 2625** or visit **www.stratford-circus.com**

## Fostering a spirit of caring



Judy Goodridge, a foster carer for eight years, receives her award from Cllr Shah and council officials

Foster carers in Newham have been praised for the difference they make to children and young people in the borough

Newham Council welcomed carers and their guests to its offices in the Royal Docks to say thank you for the good work they have done. Certificates were awarded for long service and outstanding achievement. Three people who recently retired as foster carers were also praised

Newham currently has 126 foster carers caring for almost 150 children and young people. More carers are needed, especially for teenagers

Councillor Lakmini Shah, deputy mayoral adviser for children's safeguarding said: "We wanted to say thank you to our foster carers who do so much for children and young people. Fostering is emotionally rewarding and with all childcare costs covered and a fee, people should consider it as a career option."

For information about becoming a foster carer visit **www.newham.gov.uk/fostering** or call freephone **0800 0130 393**

## Serving up free tennis

Cllr Corbett (second left) amongst the first participants

Stratford Park is urging residents to try tennis for free as part of the Lawn Tennis Association's Great British Tennis Weekend events

Newham Council has teamed up with the LTA to offer the sessions whether you've never picked up a racket before or haven't played for a while

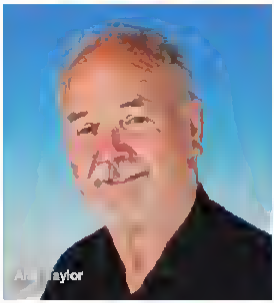
The first weekend of the scheme took place at the park in West Ham Lane last month. Participants enjoyed cardio tennis, mini-tennis, coaching and family sessions. The next weekends take place in the park on 13 and 14 June and August 1 and 2

Councillor Ian Corbett, mayoral adviser for environment and leisure, attended the first weekend event. He said: "Tennis is a great sport with many health and fitness benefits and it is also a very enjoyable way to meet new people."

To reserve your free place at one of the free sessions at Stratford Park, visit **www.lta.org.uk/gbtw**

# News

## Tributes to former councillor



Tributes have been paid to former Newham councillor Alan Taylor who died on 20 May at the age of 73

Alan served on Newham Council between 2002 to 2006 and 2010 to 2014 representing Canning Town South as a Labour Party member. During his time on the council he served on the Local Development Committee, Policy Forums and Scrutiny Commissions.

Alan had served in the Army and worked as a lorry driver and a crane driver. His funeral takes place on 10 June. Mayor Sir Robin Wales said: "He was a dedicated councillor who served with passion and commitment. Our thoughts are with his family at this sad time."

Custom House ward councillor Pat Holland added: 'Alan always stood up for the people of Canning Town and Custom House even before he was a councillor. He was a caring person and residents appreciated him for that."

## Stadium licence is granted

A summer of sport will take place in the Olympic Stadium after Newham Council's Licensing Sub-committee granted a four-month licence for the venue.

Councillors approved a premises licence to allow the stadium to host Rugby World Cup 2015, the Morrisons Great Newham London Run, the IAAF Diamond League athletics and International rugby league. Under the licence the stadium has a maximum capacity of 60,000 for events between July and November.

Councillor Ian Corbett who chairs the committee said: "We have been reassured the events over the summer will be well managed and safely run. This licence ensures people can enjoy the stadium and the events while respecting nearby residents."

The licence expires on 22 November when work will resume to convert the stadium into the home of West Ham United. A new licence will be needed once work is complete.

## Hospital trust is "inadequate"

Newham Council has said an announcement by the Care Quality Commission (CQC) that rates services provided by Barts Health NHS Trust at Newham University Hospital Trust as inadequate, is "very disappointing"

The CQC's hospital inspectors highlighted safety and leadership as areas for concern.

Councillor Clive Furness, mayoral advisor for adults and health, said, "The CQC's overall assessment clearly spells out that there are issues around the management of the Trust. These need to be urgently addressed and rectified.

"Residents should however be reassured that the report recognises the good services at Newham University Hospital, especially for those needing emergency care and those suffering from strokes, as well as the hard work of committed nurses, doctors and hospital staff.

"Working with the NHS Newham Clinical Commissioning Group and Barts Trust, we are committed to ensuring that changes are made quickly to ensure all members of the community benefit."

# Protection where it's needed

It is good when we are able to show the excellent work the council does to a wider audience and last week I joined a BBC TV crew filming our private rented sector licensing team in action improving the lives of residents

They were researching a news piece with Tessa Jowell, a potential Labour Party candidate next year in the race to become Mayor of London The programme focused on the tough choices Londoners face when looking for a place to live

> "We all need a home – and Newham Council want it to be a pleasant one"

As we visited private sector properties we encountered families crowded into single rooms, with strangers living in the room next door One house had a single bathroom and a kitchen with reportedly up to 12 people living inside and we spoke to a couple who were being threatened with eviction because their landlord was demanding more money

By licensing privately rented properties Newham Council has the ability to hold landlords to task to ensure that standards of accommodation are fit for the 21st Century, to stop the overcrowding of properties, to tackle rodent infestations, and to prevent unlawful evictions of tenants who desperately want to be a part of our community but are being pushed out by unscrupulous and greedy landlords

Since the introduction of borough-wide licensing in January 2013 we have visited more than 2,000 properties carried out more than 500 prosecutions and banned more than 25 landlords from operating in the borough But Newham is just one borough, and these landlords will move on and carry on exploiting vulnerable tenants elsewhere

Just before the General Election the Government introduced a new restriction on councils preventing them from introducing licensing across a whole authority This is unnecessarily restrictive and flies in the face of the devolution agenda MPs keep promoting these days

But we don't advocate licensing for the sake of having a register of landlords No, we licence to protect our residents and our enforcement team ensures that safety precautions are in place that residents are legally protected with tenancy agreements and that neighbouring properties are not impacted by anti-social behaviour We all need a home – and Newham Council want it to be a pleasant one

With Chris Ahmed, Rosie and Ken Clark, and Te

The TV crew film

# Mayor's view

# Community action is blooming great

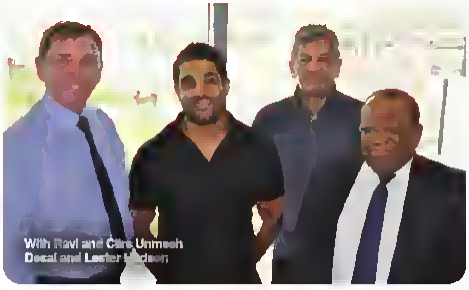
The garden project that celebrates the meeting in 1931 of two of the most famous men in the world at that time is a brilliant example of community in action

The story of the meeting in Canning Town of film star Charlie Chaplin and Indian leader Mahatma Gandhi is an extraordinary and inspirational one, and to this point little known. It is also typical of life in Newham where people from all backgrounds come together

The aim of the Gandhi Chaplin Memorial Garden is to provide residents with the opportunity to meet, share ideas and build friendships. It is why through our Community Neighbourhood teams led by local councillors we can all play a part in shaping where we live

Together we can build a community where people feel a sense of belonging, where we can bring about change and where you can approach me and your local councillors with ideas and opportunities for improvement. I hope you enjoy the wonderful garden

# Bowled over by kindness


With Ravi and Clirs Unmesh Desai and Lester Hudson

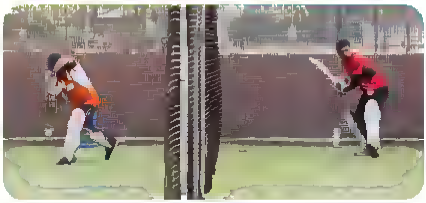
Sport is just one of the great ways we can give our children the best start in life – and around 100 Newham young people were this week expected to have an evening to remember

They were invited by England cricketer Ravi Bopara to attend his benefit match at Essex County Cricket Club and show off their talents by taking part in Kwik Cricket games on the pitch ahead of the main game. I am sure it was a tremendous occasion for all of them.

Ravi, a former East Ham schoolboy, was kind enough to arrange the visit with our Community Neighbourhood teams. He also donated the tickets so they could watch his benefit match

Since making his debut in 2002, Ravi has played his entire career for Essex. He is a local boy who has achieved fantastic success and we are very proud of him. From an early age at Brampton Manor School it was always obvious that he was destined for great things. Hopefully other budding cricketers from Newham will follow in his footsteps

Cllrs Unmesh Desai and Mukesh Patel at the Plashet Park nets



# Be bowled over by cricket this summer

## Cricket in Newham is booming, with new facilities making it easier for more residents to take up the game, as well as helping local clubs to build on their growing success.

In March this year Newham College retained the East London 'Chance2Shine' Indoor Shield against sides from Hackney, Barking, Havering and Tower Hamlets

Newham Cricket Club continue to impress in the Essex County Cricket League and top county sides have forged links with the club to monitor their hot young prospects with a chance of turning professional

Top sides like Essex County Cricket Club are also looking to Newham to provide some of the cricketing stars of the future. In February, six promising spin bowlers from Newham Cricket Club were invited to a coaching session from a former England bowler in front of Essex Head Coach Paul Grayson

To encourage even more residents to pull on their whites, Newham Council has funded two brand new cricketing facilities unveiled in time for the summer Professional style cricketing nets were officially launched in Plashet Park on 27 May, while over in West Ham, a new pitch is available for hire from East London Community Sports Association (07780 185 205)

Cllr Forhad Hussain, community lead councillor for Plaistow, has championed the new nets at Plashet Park. He said "I am proud of the fantastic range of sporting facilities we have in our borough, and these new nets in Plashet Park offer another opportunity for people to get outdoors and active in Newham."

Wherever you live in Newham, it's easier than ever to give cricket a go

## Take up cricket in Newham

**Plashet Park Nets: Plashet Grove, East Ham, E6 1BT**
***Thursdays at 6pm (12-18 yrs) and 7.30pm (16yrs+)***
Free cricket sessions with Essex Cricket and activeNewham. No need to book a place. Just turn up on the day with trainers and a willingness to get stuck in!

**Flanders Field Recreation Ground, Napier Road, East Ham, E6 2SG**
***Thursdays from 6.30pm (14yrs+)***
Free sessions suitable for everyone, including complete beginners. Women are particularly welcome. The popular 'Tape ball' cricket is played, using a ball that isn't as hard as the traditional cricket ball. Just turn up and play

**West Ham Park, Junior Cricket Pitch, Upton Lane, E7 9PU**
***Monday 27 – Wednesday 29 July***
***Monday 3 – Wednesday 5 August***
***Monday 10 – Wednesday 12 August***
***All sessions 10am-1pm (8-16yrs)***
Fun cricket coaching sessions led by qualified coaches teaching bowling, batting and fielding skills and playing lots of matches. £5 per day or £12 for all 3 days

Pay and play on the day by calling **0300 124 0123**

**NewVic Premier Cricket Camp**
***4 and 11 August at New Vic, Prince Regent Lane, London, E13 8SG***
***5, 6, 12 and 13 August at West Ham Park, Upton Lane, E7 9PU***
***17 August at Flanders Field Recreation Ground, Napier Road, East Ham, E6 2SG***
All sessions 11am-4pm (15-19yrs)
Free sessions, consisting of technical and tactical drills and scenarios to help players develop and refine their skills and the opportunity to test and apply these improved skills in nets and outdoor games. The best U17 players from these sessions will be selected to play a Newham representative game against a side from Waltham Forest, at Arundel Cricket Ground on Tuesday 18 August

For more information call Scott Simmons **020 7540 0600** or email **scott.simmons@newvic.ac.uk**

**Cricket for All: Flanders Field Recreation Ground Napier Road, East Ham, E6 2SG**
***Thursday 16 April – Thursday 27 August at 6.30-8.30pm (14yrs+)***
Free, fun cricket for all ability levels with softer tape balls and qualified coaches. Call **020 8586 7070** to book

**More sessions will be announced soon. For more information, visit www.activenewham.org.uk/cricket or call 0300 124 0123**

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The **best comedy deal** in London on a Monday from 8pm

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## SATURDAY NIGHT LOUNGE

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## THIRSTY THURSDAYS

**Save 10% on all drinks!**

Hang out with us as we extend our happy hour until 9pm.

## PUB QUIZ WEDNESDAYS

Join **Mathew Pearson** from 7.45pm for our **Wednesday quiz night** and test your mental ability and win prizes! Its only **£3 per team.**

## FUNKY FRIDAYS

Get ready for the weekend with our **DJ Sets** from 8pm Reggae | Bashment Hip Hop | Funk & Soul

## UNDISCOVERED SUNDAYS

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# NewShare

## Newham Council's shared equity scheme

If you would like to own your own home in Newham but can't afford a large deposit or the cost of buying on the open market, NewShare could help you

Through NewShare, you could buy as little as 50 per cent of your home using a deposit and a mortgage, with a 50 per cent equity loan from us

**For more information and advice on buying a home through NewShare visit www.newham.gov.uk/NewShare**

in partnership with

site sales

# YOUNG MAYOR'S YOUTH OPPORTUNITY FUND

**When Young Mayor Yaseen Bux was elected in October, his manifesto promised opportunities to develop their workplace, employment and life skills; provide them with the skills to be engaged citizens; and encourage them to lead more active and healthy lifestyles.**

Launched on 2 June, the Youth Opportunity Fund supports Newham's residents aged 11 to 18 to deliver projects and activities based on the Young Mayor's manifesto. This provides a great opportunity for Newham's young residents to decide what kind of projects they want to see happen for other young people in their community – and to apply for the funding to make that happen.

Yaseen says: "This fund gives young people the chance to deliver projects that they are passionate about, and have a positive effect on people their own age."

The programme will award grants of up to £1,000 for young people who live, work or study in the borough. All projects should reflect the diversity of Newham, and encourage young residents to come together to share in a vibrant and active borough.

Yaseen said: "I am really excited to see what kind of ideas Newham's young people will come up with. I know a lot of people have really positive ideas about how we can develop better employment skills, get active and healthy, and become more engaged citizens."

When you apply, you'll have to show what you plan to do, why your project is needed and how you identified that need. You'll also need to give a breakdown of what you'll spend the money on. You can also submit a video link to support your application.

"It's a really special opportunity for the young people of Newham to really showcase their talents," says Yaseen.

**Application forms are available online at www.newham.gov.uk/ymyof For more information, you can contact the Young Mayor's Team on 020 3373 8555 or email young.mayor@newham.gov.uk**

# Making all the running

**There are few people better to give advice on running than Paula Radcliffe. Paula has held the world record for the women's marathon since 2003 and has won the London marathon three times. She has also enjoyed an impressive track career as a 10k runner, winning gold at the European Championships and silver at the World Championships.**

As her professional running career draws towards a close, Paula is passionate about getting as many people running from an early age as possible. That's why she has invited six London women – including two representing Newham – to become ambassadors for the Morrisons Great Newham London Run, to encourage more people to pull on their trainers.

The Morrisons Great Newham London Run will take place in Queen Elizabeth Olympic Park (QEOP) and the Olympic Stadium on Sunday 19 July, and thousands have already signed up. The route for the 10k race will take runners past landmarks like Lee Valley VeloPark, the Aquatics Centre and the ArcelorMittal Orbit, before heading into the Stadium for a triumphant finish on the Olympic track.

Remembering how she first got started, Paula said: "I can't remember a time when I wasn't running. My Dad was a runner, so I used to go to meet him and give him drinks and snacks. I ran in school, village sports days, and Dad took me along to the athletics club as soon as I was old enough to join."

For Paula, it was crucial to have her father as a role model. She added: "It's really important that kids see their parents be active and running is one of those sports you can share as a family. It can be done at any level and at any distance in your local park."

Paula is also keen to get more women on the move, as some distance running events see male runners heavily outnumber their female counterparts. Paula said: "We're hoping to get the figures for women doing the Morrisons Great Newham London Run up to 50%. That's the goal, and it would be really special if we could hit

that. Running has given me so much – not just my career, but self-confidence. There have been a lot of experiences I wouldn't have had otherwise, and I have met great people doing it."

For those who might be nervous of going for their first run, Paula advises people to start slow. Her advice is: "All you need is a decent pair of shoes. You can choose your level – do it once a week or do it every day, whatever works for you. You can really see the rewards. If there's a running club near you, get together with them. Or even if it's only a couple of friends, you can motivate each other to get out there and do it. Newham has lots of great places to go out and have a run so everyone can have a go."

While some of Paula's Great Runners have set themselves goals for a quick finish, Paula says the real highlight of the day for her will be the community atmosphere and enjoying the Olympic legacy. She said: "There are few other sports where you can stand on a start line with 35,000 and go through the same experience together. Everybody has good patches, and bad patches, and feels the support of the crowd. It will be a great chance to remember what a great job London did in 2012, and to re-live that together."

**Places in the 10k run are still available at £32 and £8 in the family run. There is also a team relay for four or eight runners competing over a 26.2 mile marathon distance. For details visit www.greatrun.org/newham**

# Get active at the May

**The Mayor's Newham Shaw is returning ta Central Park, East Ham an Saturday 11 and Sunday 12 July from 12noon ta 6pm. Save the date and tell yaur friends and family and laak forward to a fantastic free weekend af family fun.**

We pride ourselves on building an event that is full to the brim with opportunities to get involved, participate and be inspired by and this year will be no exception The event will be full of activities and entertainment that you will be able to enjoy Nof only is entrance to the event free of charge, but all activities detailed on this page will free of charge to delight in

## Habbies and Crafts

Get stuck in with activities and inspire a new hobby for you and your family Free activities will include.

- blacksmithing
- Debden House Family camp site
- high ropes climbing area
- mehndi
- biscuit decorating
- sugar flower making
- floristry
- jewellery making
- macrame
- bead bracelets
- hairband making
- cardmaking
- mixed media arts
- balloon art
- family learning activities for children and their families
- fine arts including bag for life, mosaics and watercolour painting

## Healthy Newham

Newham Council will also be running a health and wellbeing area, to help you find out how healthy you are and what you can do to improve your physical and mental wellbeing, including

- cancer awareness and support
- how to reduce the risks of heart disease
- diabetes screening
- oral health checks
- emotional wellbeing
- physical check-ups with doctors
- discover how your local pharmacies can help you to stay healthy
- have a go at yoga
- how to develop a balanced diet
- first aid demonstrations to help you learn life-saving skills
- find out about organ and blood donation

## Mayar's Newham Carnival

Saturday 11 July sees the return of the Mayor's Newham Carnival, with the procession starting at 2pm Come along and line the route, cheer on the participants and soak up the atmosphere – more than 2,000 people took part last year.

Why not join in, and be part of the parade? To register your interest in taking part in the Mayor's Newham Carnival, email your contact details to **carnival@newham.gov.uk** Participants will be invited to a Community Carnival Class, to help create colourful costumes and get ready for the big parade

# or's Newham Show

FREE

## Living a more active life

The council's leisure provider, activeNewham, will be offering fun, fitness and family activity in their marquee and sports areas. Top instructors will be revealing their secrets to great health and fitness. Join free interactive dance, aerobic and fitness activities or relax with showcase demonstrations. You can also try:

- London Youth Rowing's rowing challenges
- table tennis challenges and tasters
- exercise classes including zumba, aerobic, dance and boxfit
- sports including fencing, martial arts, tennis, volleyball, football, rugby and basketball
- disability sports including wheelchair basketball, wheelchair rugby and boccia
- athletics challenges

Residents of all ages and abilities can try out the activities, have a chat with the sports and activities team, and find out more about activeNewham's programmes.

## Volunteering

Take some time out to speak to our volunteers, find out what they do and how you can make a difference in the community. You can speak to volunteers already giving their time, have a go with a taster session, and sign up to become a volunteer.

## Wellbeing

active newham

activeNewham will also be bringing a range experts to help you find out how healthy you are and what you can do to feel better in yourself.

- wellbeing checks
- raising awareness of healthy living
- prompting healthy choices
- lifestyle advice
- healthy choices around diet and physical activity
- how to incorporate movement in your everyday life
- general well-being and lifestyle

## Open Spaces

With 22 parks and 40 open spaces in Newham there are lots of brilliant outdoor spaces for you to explore. To help you get the most out of your visit, activeNewham supports a wide range of activities from social bowls, health walks and ParkLives sessions to community gardening, nature conservation and play wild. Come and say hello to our outdoors team to find out about your local park or community garden, try out some go wild activities, meet some minibeasts and do some gardening.

**For more information about the Mayor's Newham Show, keep reading the Newham Mag and visit www.newham.gov.uk/newhamshaw**

Newham London

## Celebrate Learning Disability Week in Newham

**Thursday 18 June, 10.30am–3.30pm**

St Mark's Community Centre, 218 Tollgate Road Beckton, E6 5YA

A fun and interactive day where you can find out more about how Newham Council is working for people with learning disabilities and their families now and in the future

All are invited to come along and enjoy FREE

- information advice & guidance from experts
- networking opportunities
- health zone
- employment zone
- chill out zone/sensory room
- light refreshments

You can also find out how to share your experiences in Speaking Up groups provided by Newham People First

For more information email **Lee.Salmon@newham.gov.uk** or **palak.joshi@newhamccg.nhs.uk** or call **020 3373 1269 / 020 3688 2314**

NHS
Newham Clinical Commissioning Group

NEWHAM COLLEGE LONDON

#BELIEVE IT ACHIEVE IT

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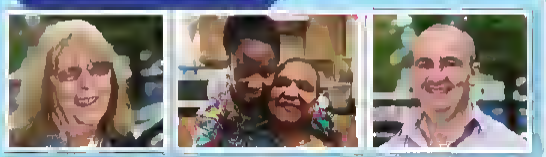
NHS
Newham Clinical Commissioning Group

# Carers Week

**8-13 June 2015**

Newham London

# Are you a carer?



If you provide unpaid support to a loved one we are here to help

## FREE activities for all the family

Come along to find out what services you could use if you provide unpaid support to a partner child relative, friend or neighbour who could not manage without your help.

Come along to a series of **FREE** events throughout the borough
We want to identify carers not known to services and will provide information and advice about the support available for carers in Newham

### Monday 8 June

**Asda at Beckton (11am-4pm)**
*Tollgate Road E6 4JP*
**Custom House Surgery (9.30am-12pm)**
*16 Freemasons Road E16 2NA*

### Tuesday 9 June

**Queens Market (11am-4pm)**
*Green Street, E13 9JJ*
**Westfield Stratford City in front of M&S (11am-6pm)** *Stratford Avenue, E20 1EJ*

### Wednesday 10 June

**Newham University Hospital (10am-4pm) Zone 6,**
*Glen Road E13 8SL*
**East Ham Customer Service Centre and Library (11am-5pm)**
*328 Barking Road E6 2RT*

### Thursday 11 June

**Liberty Bridge Road Practice (9.30am-4pm)**
*40 Liberty Bridge Road E20 1AS*
**Canning Town Library (11am-5pm)**
*Barking Road E16 4HQ*
**Stratford Library (10.30am-12pm)**
*The Grove E15 1EL*

### Friday 12 June

**Stratford Shopping Centre (11am-3pm)**
*54a Broadway E15 1NG*

### Saturday 13 June

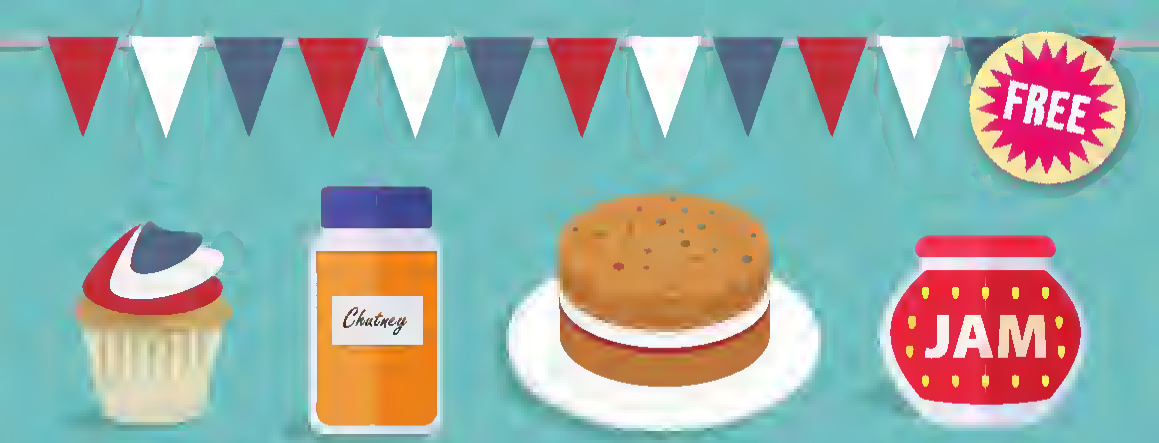
**Carers Fun Day**
**Chargeable Lane Resource Centre (11am-6pm)**
*200 Chargeable Lane Plaistow E13 8DW*
**Activities include.** Head and shoulder massage Zumba bouncy castle balloon modelling Nintendo Wii on big screen face painting henna painting manicures and nail art disco knitting hand reflexology and health checks

For more information visit **www.newham.gov.uk/carers**
email **carers.team@newham.gov.uk** or call **020 8430 2000 (option 2)**

Building stronger families

carers week

active newham




# BE THE BEST IN SHOW AT THE VILLAGE FETE

Each year thousands of people attend the Mayor's Newham Show in Central Park, East Ham, to take part in two days of seaside fun, awesome activities and free entertainment. As part of the Show, the Village Fete area invites residents to whip up a culinary storm with treats from their kitchen.

the best cake – 1950s theme to celebrate Newham's 50th birthday
the cupcake challenge – open to all under 16s
> the best Jam
> the best Chutney

## How to enter

Best in
at
Park
enter

## The Village Fete

As well as hosting the Best in Show competition, the Village Fete area of the Mayor's Newham Show will offer a range of activities and entertainment for all ages, including:

> allotments offering plants for sale
> cooking demonstrations
> strawberries and cream
> market stalls selling fresh fruit and veg
> petting farm
> garden ornaments and furniture for sale
> green space tree trails, with nature activities for kids
> 9 hole crazy golf
> traditional games, including hoopla, Victorian skittles, coconuts shie and ball in the bucket

For more information about Best in Show and what's happening at the Mayor's Newham Show, visit www.newham.gov.uk/newhamshow
To register your interest for Best in Show email competitions@newham.gov.uk

# Garden tribute to historic meeting

**Few residents will have realised that a historic meeting of Indian leader Mahatma Gandhi and film star Charlie Chaplin took place in Canning Town in 1931 – until now that is.**

Charlie Chaplin impersonator Diego Spano, children in Chaplin hats and Charlie's grand-daughter, actress Oona Chaplin, were on hand to launch a new community garden that serves as a lasting memorial to the famous visit.

The Gandhi Chaplin Memorial Garden sits between Chandler Avenue and Hayday Road, very close to where the two men met 84 years ago on 22 September in Beckton Road.

What was once waste land has been transformed into a new green space with flower beds planted by the community and mosaics designed by local artist Alan Read with help from pupils from Rokeby School.

One mosaic captures the character that made Chaplin so famous - The Tramp, against a background of a British flag. A tiled portrait of Gandhi, who was in London at the time for a conference on Indian independence, is set against an Indian flag embellished with a Hindu mandala design. The garden includes materials reused from Queen Elizabeth Olympic Park and flowers from the Chelsea Flower Show.

Bryan Collier, councillor for Canning Town South ward, spearheaded the campaign for the new garden. He said, "I am pleased that people can come and meet here and bring their children and do some gardening and planting. We need our history and it is surprising that so many people have been born and bred in Newham and don't know that these two great men met just along the road."

The opening of the garden was attended by Mayor Sir Robin Wales, Newham councillors, East Ham MP Stephen Timms, young people from Edith Kemson Nursery School and Children's Centre, Ravenscroft, Keir Hardie and Rokeby schools, and organisations that had contributed to creating the garden including Aspers Casino, Rosetta Arts Foundation, Groundwork London, Arts Council England and Canning Town Community First.

> **"The aim of this garden is to provide residents with the opportunity to meet, share ideas, build friendships as well as inspire and influence the world."**

Sir Robin said, "At the time Gandhi and Chaplin were the most famous men in the world so the story of their meeting here is an extraordinary and inspirational one. However, it is typical of life in Newham where people from all different backgrounds come together. The aim of this garden is to provide residents with the opportunity to meet, share ideas, build friendships as well as inspire and influence the world."

Gandhi and Chaplin met in the house of Dr Chuni Lal Katial, a friend of Gandhi's, close to the new garden. More than 2,000 residents turned out to catch a glimpse of the men and the story made the front pages of national newspapers and British Pathe film news. A report in the Daily Express said: "The British public arrived about 4.45pm. They began by breaking the railings by accident. They were perfectly good-humoured, but heavy on the brickwork. About two thousand happy enthusiasts tried to pat Mr Gandhi and Mr Chaplin on the back."

Oona Chaplin, Charlie's grand-daughter, known for her roles in BBC drama The Crimson Field and fantasy series Game of Thrones, said: "The garden is great. It's a beautiful little oasis and I think my grandfather would be very proud. I've seen the video of the two of them meeting. There were 2,000 people queuing up and desperate to get a glimpse. I would have given anything to have been a fly on the wall at this meeting of two of my biggest heroes. Their very mention invokes peace, hope, tenderness, wisdom, laughter and an impeccable sense of style. It doesn't matter what your background is, or what your cultural references are, people are really touched by these two men and their message."

> **"People are really touched by these two men and their message"**

A time capsule was buried which included artwork and letters from local children. Mark Hoda, chairman of the trustees of the Gandhi Foundation, welcomed the garden. He said: "We hope it will be a focal point for the community activities inspired by Gandhi's life and message."

London Borough of Newham

# CUSTOM HOUSE & CANNING TOWN

COMMUNITY NEIGHBOURHOOD

# Newham in pictures

**1** Quality hand made goods produced and sold by young entrepreneurs proved a success at the Plaistow Youth Market summer event on the Greenway E13 **2** Hitting the high notes! Guests enjoy a performance at the Foster Carers' Annual Celebration event at Newham Council's offices in the Royal Docks E16 **3** The winning team! Students from St Angela's Ursuline school choir E7 celebrate being selecteb to greet the New Zealand All Blacks in London ahead of Rugby World Cup 2015 **4** You look familar! Charlie Chaplin impersonator Diego Spanó at the opening of the Gandhi Chaplin Memorial Garden in Canning Town, E16 **5** Howzat! Residents enjoy the new cricket facilities at Plashat Park, E6

Newham London

# Only put these items in your recycling bin

**Please put all general waste in your rubbish bin.**

**www.newham.gov.uk/recycling**

recycle for Newham

**Play your part for a Cleaner, Greener Newham**

# Choir singing **in Union**

**The choir from St Angela's Ursuline School in Forest Gate has been chosen to officially welcome the world famous New Zealand All Blacks team when they arrive in London ahead of Rugby World Cup 2015.**

[illegible] will [illegible] at [illegible] 24.

More [illegible] England [illegible] in ceremonies that will officially welcome the 20 competing nations and St Angela's was selected to greet the All Blacks in September.

The choir had to pass a tough audition process led by the Youth Sport Trust charity. They impressed judges with a rendition of He Lives in You from The Lion King musical.

The choir has 50 members aged between 11 and 18. Year 11 student Princess Olowogboye has been performing for five years. She said: [illegible] St Angela's [illegible]

The welcome ceremony for New Zealand, which will include the formal presentation of official tournament caps and medals to players and officials, will be at a yet to be announced famous London landmark. The choir will perform World in Union, the official anthem of Rugby World Cup 2015.

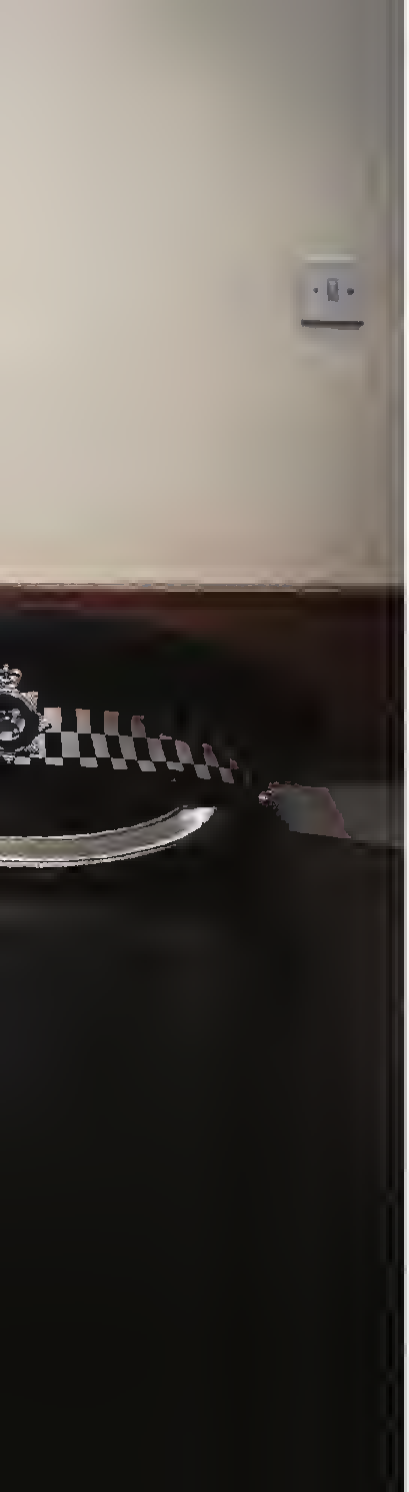
Year 8 pupil Isabella Clawson-Maila has been singing with the choir for 18 months and is looking forward to welcoming the All Blacks. She said: "I think it is great for [illegible]

[illegible] Sir Robin Wales [illegible] welcome [illegible] New Zealand. [illegible] another endorsement [illegible] New [illegible] commitment to helping to deliver a great Rugby World Cup 2015."

**Rugby World Cup 2015 games will be played at the Olympic Stadium in September and October. Tickets are still available from tickets.rugbyworldcup.com**

# Top cop fits The Bill

**Borough Commander Tony Nash is Newham's highest ranking police officer. He is responsible for more than 900 officers, special constables and police community support officers. Having previously worked in a number of other boroughs, and for the Metropolitan Police's Trident Gang Crime Command, he came to Newham a year ago.**



As Newham's top officer, Chief Superintendent Nash has been tasked by policing and crime chiefs to deliver the 20/20/20 challenge, a four-year programme that ends next year. He explained: "It stands for cutting crime by 20%, boosting public confidence in the police by 20% and cutting costs by 20%."

Almost all types of crime in the area are down, despite budget cuts, which Tony puts down to intelligent policing. He said: "When you've got budget cuts, you have to be effective. To take one example: burglary is down 32.1% since 2012, which is 1,127 fewer victims. We use evidence-based policing, using research that tells us offenders tend to work in quite small areas. Applying that logic, we do what's called cocooning. When a burglary happens, our neighbourhood officers knock on doors telling people there's been a burglary in the area, how it happened, and advising them how to look at their security. We also have a high visibility patrol over the next 72 hours within that area. If you look where it's enforced, we get reductions in crime."

Tony also paid tribute to the police's work with Newham Council. He said: "A lot of police work relates to issues that affect people's environment, like litter and anti-social behaviour. We work with the council on this and our relationship while I have been Borough Commander has been fantastic."

Another challenge for the police is building confidence. Tony is encouraging more residents to have their say on policing in their area. For the purposes of policing Newham is divided into 21 wards, each with a Safer Neighbourhood Team. The officers in a Safer Neighbourhood team spend most of their time patrolling that neighbourhood, meeting the community and dealing with issues identified locally.

Their priorities are set at regular meetings with a ward panel, which residents are able to join. Tony said: "I urge people to get involved with their ward panel and raise their concerns so we can do our best to deal with them. We especially need young people to have their say. Newham is predicted to be the first borough where more than 50% of the population will be under 25 and it is difficult when such a big section of the population aren't represented on ward panels."

As well as being a young borough, Newham is also undergoing huge physical regeneration. A key priority for Newham's police is to prepare for this. In Stratford, for instance, the police are working to anticipate how development might affect residents. Tony said: "We've got two museums, a theatre, Crossrail, a 24-hour Tube service, West Ham United moving into the Olympic Stadium, three universities, new hotels, 3,000 new student lets and the Financial Conduct Authority all moving in or expanding here. This will bring employment and opportunity and challenges as well.

> **"There's a progressive, intelligent look to the future here that hopefully I will continue to be part of"**

"The Royal Docks is seeing a new Asian Business Park being built, which will affect the environment there. I can see the whole borough having changes at various levels and we have to predict what the potential impact will be from a crime and disorder perspective."

Tony believes however that Newham is ready to meet the challenge. He said: "Newham as a local authority is ahead of the curve in many aspects. A lot of other boroughs will look to Newham. If you look at the licensing of private landlords, that's something Newham started. There's a progressive, intelligent look to the future here that hopefully I will continue to be part of."

For more information about policing in your area and Safer Neighbourhood teams, visit **www.met.police.uk/newham**

Newham London

# Fostering

## what would you say?

**With a weekly fee for yourself and all childcare costs covered, fostering may be the new career for you**

Call us free on

**0800 0130 393**

**www.newhamfostering.co.uk**

# Look after your health during Ramadan

**This summer, thousands of Muslims in Newham will be fasting for Ramadan. Newham Council and the NHS are advising residents to take care of their health and seek advice on how to manage their medication if fasting.**

Some health risks are associated with fasting, especially for women who are pregnant and people with a health condition such as diabetes, high blood pressure or any condition that requires regular medication. In these cases fasting could cause complications.

Newham GP, Dr Shahzada Khan advises "The Qur'an is clear that people who have a medical condition that makes fasting damaging to their health are exempt from fasting.

"People with diabetes can often still fast if their condition is well controlled, but should always seek advice from their GP beforehand. This is especially the case if you are diabetic and are using insulin where the risks during fasting are very high. It is essential that you monitor your blood glucose during Ramadan."

Other ways to stay healthy this Ramadan include maintaining a healthy diet. Dr Khan said "Fasts can improve a person's health, or worsen it – it depends what you eat in the non-fasting hours. A balanced diet with fewer calories than normal will keep a person healthy. It should be simple and similar to your daily diet. Avoid high fat or sugar content during the hour immediately after breaking the fast each day. That means limiting fried or sweet food, as well as large portions." Dr Khan also advises "Smoking is not permitted during fasting hours, so if you are a smoker, why not use Ramadan as an opportunity to quit for good?"

This year Ramadan occurs during June and July when days are longer and hotter, so there is an additional risk of dehydration. Anyone fasting should ensure they drink plenty of water before and after fasting to avoid the risk of dehydration. Dr Khan says "People who are fasting often suffer from headaches or constipation as a result of not drinking enough water. Fasting Muslims that feel unwell or are in pain should call the Newham out of hours GP service on **020 7511 8880** for advice straight away."

**If you are not registered with a GP you can find your nearest practice by visiting www.nhs.uk**

**For more information about health and Ramadan visit www.nhs.uk/Livewell/Healthyramadan**

**For free support to stop smoking, contact your local pharmacy, GP or visit a community drop-in. Visit www.newham.gov.uk/stopsmoking or call 020 3373 6630 for more information.**

Newham London

# Community Neighbourhoods 50th anniversary summer garden parties

## June – September 2015

Free

**Beckton and Royal Docks, 7 June, 12noon-4pm** New Beckton Park
**Custom House and Canning Town, 7 June, 1-7pm** Memorial Park
**East Ham, 20 June, 12noon-4pm** Central Park
**Green Street, 25 July, 12noon-4pm** Priory Park
**Plaistow, 25 July, 12noon-4pm** First Avenue Community Garden
**Manor Park, 1 August, 1-4pm** Jack Cornwell Community Centre
**Stratford and West Ham, 1 August, 12noon-4pm** The Grove and Cultural Quarter
**Stratford and West Ham, 2 August, 12noon-5pm** East Village
**Forest Gate, 5 September, 12noon-4pm** Earlham Grove Community Garden

**For more information visit**
**www.newham.gov.uk/summergardenparties**

50 Years of Newham

## Don't let litterbugs rubbish Newham

Newham Council takes anti-social behaviour very seriously. Fly-tipping and littering are criminal offences and every month we take people to court who have littered, dumped or made a mess in the borough.

Last month at Thames Magistrates Court, a 48 year old man was prosecuted by the council for dumping dangerous waste on an East Ham street. He was handed a 16 week jail term, suspended for 18 months, and ordered to complete 200 hours community services. He was also ordered to pay £3,101 in costs, as well as a £80 victim surcharge.

Last year we issued more than 3,300 Fixed Penalty Notices (FPNs) to residents and visitors for a range of environment crime offences, including fly-tipping and fly-posting, waste in front gardens, littering and illegal street trading. Untortunately, there are offenders who believe they're above the law and fail to pay their fines.

The pictures on this page show people who are responsible for anti-social behaviour offences. If you recognise anyone please call **020 3373 4479** and quote the reference number beside the picture.

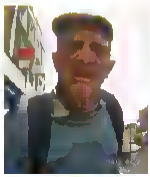
To the people pictured here, our message is simple – we will use every power at our disposal to track you down and prosecute you, including publishing a photograph of you if we need to establish your true identity. Contact us now to pay your fixed penalty notice, as you may be ordered to pay a far higher price by the courts when you are prosecuted.

### Ensuring your anonymity

Newham Council is committed to tackling crime and anti-social behaviour in partnership with the police and other agencies. If you provide information regarding identities:

- **you will not be required to provide your name**
- **you will not be required to leave your contact details**
- **you will not have to make a statement**

**Ref: 90019645**



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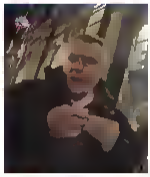

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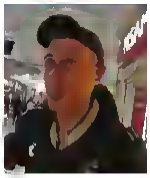

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**Ref: 90040736**

**Ref: 90037029**

**Don't put up with rubbish. Don't drop it and if you see it report it. To get it cleared up report it online at www.newham.gov.uk/MyNewham or download the Love Newham app by visiting www.newham.gov.uk/lovenewham**

**Call 020 3373 4479 and quote the reference number beside the picture.**

# CAUGHT ON CAMERA

# Let's Rock at the Olympic Park

Let's Rock London!, a one-day festival featuring some of the biggest names in 80s music is coming to Queen Elizabeth Olympic Park on Saturday 27 June, with performances from Bananarama, Rick Astley, Kim Wilde, Jason Donovan, Go West, Sinitta, Sonia, and many more.

Let's Rock is an event for the whole family with free kids' activities including circus workshops, face painting, crafts, tricycles and the Disco Shack!

The Newham Mag has teamed up with Let's Rock to give away ten family tickets (two adults and two children). To be in with a chance of winning a family ticket, tell us the venue for Let's Rock London! Send your answer, name, address and telephone number to **Newham.Mag@newham.gov.uk**, or write to Newham Mag, 1000 Dockside Road, London E16 2QU, before June 12. Please note, winners will be required to collect their family ticket from Newham Mag's office on Dockside Road.

For information about Let's Rock London and to book tickets, visit **www.letsrocklondon.com**

# TAEKWONDO CHAMPS

A Manor Park Taekwondo club enjoyed great success at the Nottingham Taekwondo Open last month. Head Coach Sivakumar Ramasamy took a team of ten players from the Gurumu Taekwondo Club to compete against athletes from around the country and around the world in a two-day event.

The competitors from Newham came home with eight medals, with gold medals won by Gurpreet Singh, Ismail Hussain, Will Turnber and Ibrahim Hussain. Silver went to Nithin Francis and Mohummad Nour. Whilst Arun Roy and Sandhya Balakrishnan came home with bronze medals.

The club are now preparing for the Austrian Open, in Innsbruck, where many of the athletes will be fighting for World Championship positions for the Great Britain Team. For details of the club please contact Gurumu Taekwondo on **07931 709 140.**

Members of Gurumu Taekwondo Club

## GARDEN PARTIES FOR NEWHAM'S 50TH BIRTHDAY

Special garden parties and community Big Lunches will be held across Newham this summer to celebrate the borough's 50th anniversary.

Newham Council's community neighbourhood teams have joined forces with local volunteers to stage nine free events from June to September. Residents are encouraged to bring food and games for others to share and enjoy.

- Sun 7 June, 12noon-4pm, New Beckton Park, E6
- Sun 7 June, 1pm-7pm, Memorial Park, E15
- Sat 20 June, 12noon-4pm, Central Park, E6
- Sat 25 July, 12noon-4pm, Priory Park, E6
- Sat 25 July, 12noon-4pm, First Avenue Community Garden, E13
- Sat 1 Aug, 1pm-4pm, Jack Cornwell Community Centre, E12
- Sat 1 Aug, 12noon-4pm, The Grove, E15
- Sun 2 Aug, 12noon-5pm, East Village, South Lawn, E20
- Sat 5 Sept, 12noon-4pm, Forest Gate Community Garden, E7

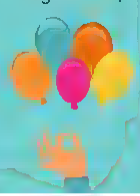
For more information, contact the community neighbourhood team **0203 373 4695**

## Celebrating Learning Disability Week

Newham Council invites residents to a fun, interactive day of activities to support people with learning disabilities and their families.

Information, advice and guidance will be available from experts on the day, as well as a health zone, employment zone and a chill out zone with a sensory room. Light refreshments will be provided.

The event will be held on Thursday 18 June, 10.30am-3.30pm at St Mark's Community Centre, 218 Tollgate Road, Beckton, E6 5YA. You can also find out how to share your experiences in Speaking Up groups provided by Newham People First. For more information email **Lee.Salmon@newham.gov.uk** or **Palak.Joshi@newhamccg.nhs.uk** or call **020 3373 1269.**



# Local school on pointe

Students from a Plaistow secondary school performed alongside students from The Royal Ballet School in a joint performance at Stratford Circus.

The performance, titled aDvANCE, was the culmination of a five-month project between Years 9 and 10 students from Lister Community School, and Year 10 students from The Royal Ballet School.

The show was well attended, and notable guests included West Ham MP Lyn Brown. She said: "I am grateful to be invited to this magical performance. The young people are clearly very talented and a delight to watch."

Feedback from students was very positive, and Angelo, a Year 9 pupil, said: "What I have enjoyed the most about this project has been engaging with new friends and developing my technique."

# Kids' Corner

PLEASE SEND YOUR DRAWINGS, JOKES AND POEMS TO:
**KIDS' CORNER, WEST WING**
**4TH FLOOR, NEWHAM DOCKSIDE**
**1000 DOCKSIDE ROAD, LONDON E16 2QU**
OR EMAIL THEM TO
**newham.mag@newham.gov.uk**

**Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. We cannot return any entries.**

## GALLERY

Bushrua Nazeer, 8

Zahia Rahman, 10

Tasneen Hossain, 9

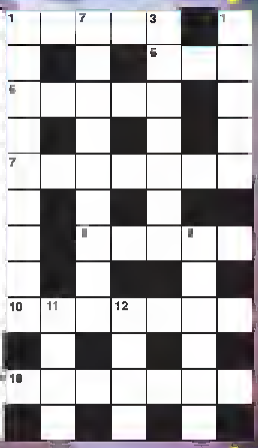
Reisa Miah, 10

# Free membership at Stratford Picturehouse

**This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.**

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU** Don't forget to write your full name, age address and daytime contact telephone number on the back of your entry **Good luck!** Visit www.picturehouses.co.uk to see what's on

# Colour-me-in Crossword



**Across**

1. Massive marine mammal (5)
5. Animal doctor (3)
6. Author of the 'Winnie-the-Pooh' books (5)
7. Not so heavy (7)
8. Unable to relax (5)
10. Anxious (7)
13. Dessert made with milk, eggs and sugar (7)

**Down**

1. Britain's most famous tennis tournament (9)
2. Creature like a crocodile (9)
3. Football team from the city of Liverpool (7)
4. Set of steps (5)
9. Figure with four equal sides (6)
11. Flightless Australian birds (4)
12. Take part in an election (4)

## Poem

**Number Bonds to 10**

0 and 10 are so good friends
1 and 9 are drinking wine
2 and 8 are having weight
3 and 7 are in heaven
4 and 6 are in the middle of a mix
5 and 5 are doing a dive
6 and 4 are so poor
7 and 3 are looking at a bee
8 and 2 are saying who?
9 and 1 are eating a bun
10 and 0 are being a hero

**Krishna Samirbhai Luhar, 9**

TURN TO PAGE 38 FOR VENUE DETAILS

# WHAT'S ON?

## FIVE PAGES OF ACTIVITIES MOSTLY FREE, ALL FUN

### OUR THRILLING THREE...

1. **Rocket Rockets!** – Sat 20 June 11am-1pm, Caravanserai, 100-116 Silvertown Wy, E16 1EA Turn your old bottles into self watering containers which grow rocket – perfect for pizzas and salad Free

2. **KRCC kitchen launch** – Sat 6 June, 1 3pm, Katherine Road C C Take part in a range of health activities including free health MOTs and health cooking demonstrations

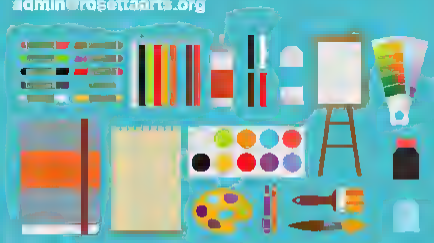
3. **Big Lunch Garden Party** – Sun 7 June 1-7pm, Grassroots Centre Memorial Av, E15 Free activities and entertainment Bring a dish to share

### MENTION THE MAG...

Lucozade Powerleague Newham offers state-of-the-art facilities for five-a side and seven a side football As well as enjoying the beautiful game the venue also has a function room, with capacity for up to 120 people complete with a fully licensed bar, seating area and dance floor Powerleague Newham are offering this event space for free on Fridays and Sundays before July 5 To qualify, just mention this copy of the Newham Mag and quote NEW2001 when booking For more information about Newham Powerleague, or to book, call **020 8591 0111** or email **newham.web@powerleague.co.uk**

### TRY SOMETHING NEW... ART CLASSES

The Rosetta Art Centre are offering free art classes for adults on the second Thursday of each month at Canning Town Library, with the next class on Thursday 11 June Budding artists are welcome to drop into this free fun and practical art class to explore and share stories about our local area. Sessions will be led by various professional artists. There is no need to book and all levels are encouraged to attend. For more information call Rosetta Art Centre on **0207 511 1117** or email **admin@rosettaarts.org**



**Indicates free sessions**

*Libraries unless stated*

#### UNDER-FIVES

***Music and Rhyme***
*Tues, 10 30-11 15am, Custom House*

***Rhyme Time***
*Thurs 1 30-2 15pm Custom House Mon, 4 4 45pm Canning Town*

***Storytelling***
*Mon 11am 12noon Tues 10 11am, Beckton Globe, Mon 10 30 11 15am Custom House, Tues, 10 30-11 30am, Canning Town, Tues 11am-12noon, The Gate Tues, 10 30 11 30am Thurs, 9 45 10 45am, East Ham, Tues 10 11am Sat 11am 12noon Green St, Fri, 10-11am, Manor Park, Thurs 2-3pm, North Woolwich Tues 10 11am, Thurs, 2-3pm Plaistow, Tues and Fri 11am 12noon, Stratford*

***Stay and Play***
*Support for parents and carers to develop their child through play Term time Weds 10am 12noon and Sat 11am 1pm, Stratford Thurs, 1 30-3 30pm, Jack Cornwell C C, Mon, 10 30 11 30am, The Gate Tues 9 30 10 30am, Jeyes C C, Tues, 10am 12noon Grassroots Thurs, 1-2pm, North Woolwich, Tues 2 4pm Thurs, 2 4pm Sat, 12noon 1pm, Green St*

***Music and Movement***
*Sessions for parents/carers and children*
*Mon 10 11am Grassroots*

***Baby Sing-a-Long***
*Thurs, 1 1 30pm, North Woolwich*

#### YOUNG PEOPLE

***Board Games Club (7-13yrs)***
*Play chess, Checkers, Ludo, Pictionary and more. Term time. Thurs 4 6pm Green St and*

Custom House. Thurs 4.30-6pm, North Woolwich, Tues and Fri 4.5pm Stratford (term time), Sat, 2.30-4pm, Manor Park

**Gemes Club (T-16yre)**
Sony PS3, XBox360, Nintendo Wii, board games and more. Tues, 3.30-5.15pm Custom House, Mon, 3.30-5pm Plaistow, Thurs 4.6pm Canning Town, Wed, 3.30-5pm, Forest Gate

**Nomework Club**
Mon, 3.30-4.30pm North Woolwich, Mon, 4-6pm, Stratford, Weds 3.30-5.15pm Manor Park, Thurs, 4-6pm, Plaistow; Fri, 3.30-5.30pm Canning Town, Fri, 4-5pm, Beckton, Fri 4-5.30pm East Ham, Sat, 10am-12noon The Gate. Sat, 2-3.30pm Green St

**Froud Young Project (T-16yrs)**
Activities for young people. Mon, 3.30-5.30pm Jack Cornwell C C

**Children's Movie Club**
Booking essential. Thurs, 4-6pm 7-12yrs The Gate. Tues 3.30-5.30pm, 0-12yrs, (under 8s must be accompanied by an adult) Green St

**Arts and Craft Workshop (5-yrs)**
Mon 3.30-5pm, Fri 3.30-5pm Sat 1-2pm Green Street. Tues, 4-5pm Plaistow. Sat 2-3pm, Canning Town. Sat, 2-3pm, Custom House

**Young Readers Club (7-12yrs)**
Read and discuss your favourite books. Tues, 4-5.15pm, North Woolwich, Sat 10.30am-12noon Manor Park

**Children's Movie Matinee (0-13yre)**
Sat 3.30-5.30pm Green St

**Let's Start Sewing (7-16yrs)**
Beginner sewing classes. Sat, 12noon-3pm Woodman C C Woodman St, E16. Email theteam@kefoundation.org.uk

**ACTIVITIES AND SUPPORT**

**Time-2-Craft (16yrs+)**
Sat 10am-12noon Stratford

**Adult Reading Group**
Discuss your favourite books and discover new writers. Thursday 18 June, 6.30-7.30pm East Ham, email easthamreaders@gmail.com for current book and more info

**Chess Club**
Mon, 5.30-7.30pm, East Ham Weds 3.30-5pm Green St Thurs 5.30-7.30pm Stratford Fri, 3.30-5.15pm The Gate

**Coffee Mornings**
Tue 9 June 10.30am-12noon, Manor Park, Tues 16 June, 10.30am-12noon, Plaistow, Tues 10-11.30am Beckton, Tues, 11am-12.30pm, Custom House, Wed 17 June 10am-12noon East Ham. Wed 17 June, 10.30am-2pm, Green St; Thurs 11 June 10am-12noon, Stratford. Thurs, 10-11.30am Canning Town, Thurs 10-11.30am North Woolwich. Fri 12 June, 10-11am Jeyes C C

**Do It Online (16yre+)**
Six or eight week basic computer training. Advance booking required, contact library directly. Tues, 10am-12noon and Thurs 10am-12noon The Gate. Tues, 10am-12noon, East Ham, Tues 10am-12noon and 2-4pm, Plaistow. Mon, 10am-12noon, Manor Park. Weds 2-4pm Stratford. Tues 11am-1pm, Thurs, 10am-12noon, Green St, Thurs 10am-12noon Katherine Rd C C. Wed 10am-12noon, Plaistow

**Knit & Netter (16yre+)**
Weds, 10am-12noon, Beckton, Fri, 10.30-11.30am Canning Town Fri, 10am-12noon, East Ham, Tues 10.30am-12.30pm Manor Park, Weds, 10.30am-12.30pm, Green St

**ICT Surgery**
IT advice for all ages. Mon 10am-12noon and 2-3pm Plaistow Wed, 10.30am-12noon Stratford, Fri 2-4pm Canning Town

**Weekly Get Together**
Try new things. Weds 10.30am-12.30pm, Green St Call 020 3373 0857

**Love Newhem epp drop-in**
Learn how to report issues via the app. Mon, 10.30-11.30am The Gate

**Inspire Futures Drop in**
Advice on ESOL and citizenship, Thurs, 2-4pm Green St

**Community Links Drop in**
Debt, housing and benefit advice. Call 020 8548 9825 to make an appointment. Thurs 28 May 3.30-5.30pm Katherine Road C C Call 020 8548 9845 Mon 25 May, 12-2pm, Green St. Call 020 3373 9857

**ICT Drop-in Sessien**
Set up a My Newham profile and create an email account. Fri 10am-12noon The Gate Fri, 10am-12noon, Green St

**Bingo Night (16yrs+)**
Thurs. 6-7pm, Green St

**Aerobic Exercise**
Workout and body stretching. Tues, 9.30-10.30am Jack Cornwell C C. £1.50

**Eest Nem Youth Zone**
Sony PS4, DJ decks and other activities. Tues 4-7pm East Ham

**Neppy Living Club**
Indoor and outdoor activities for over 50s. Tues and Weds, 1.30-5.30pm Jeyes C C

**SNT Drop-in**
Fri 12noon-1pm, Stratford

**New Deef Club**
Opportunity to learn new and exciting things for members. Mon, 6-8pm, Stratford. Costs up to £2

**Silver Surfere IT Couree**
Fri 2-3.30pm Beckton

**Support in Action**
Thurs, 12noon-4pm, Jeyes C C

**Mertiel Arts (16yre+)**
Tues 5-6pm Jack Cornwell C C

**Get en Target Business Advice Surgery**
Tues 12noon-2pm, North Woolwich Call 07931 576 483 to book

**SpEC Speaking English with Confidence**
Thurs 6-7pm, Sat, 11am-12noon, Stratford, Mon 10-11am Weds 10-11am Thurs, 10-11am Green St Weds, 11am-12noon, The Gate

**Free English Convereetion Club**
Weds 11am-12noon Canning Town Weds, 11am-12noon, The Gate, Weds 10-11am Manor Park

**Life in the UK Clesses**
Weds, 12.30-2.30pm, Fri, 10am-12noon Plaistow contact 020 8542 3904 for information

**Together We Cen**
Fortnightly social group for adults under 50 years who have had a stroke. Fri 12 June 2-4pm Plaistow

**Chel end Chet Women Group (18yre+)**
For women who use mental health service. Weds, 10.30am-12.30pm, Plaistow

**Ebony Eest Steel Pen Academy**
Tues 4.30-6.00pm (11-16yrs) Weds 3.30-5.30pm (8-11yrs), One Love Community Centre, 1 Bishops Avenue E13 0PU Call 07565124701 £4. 1st session free

**Barcleys Coding session (5-11Tyrs)**
Basic coding for beginners. Thurs 4.30-6.30pm, Plaistow

**Friday Film Club**
Fri 12 June 2pm Plaistow

**Tablet/iPed Taster (50yre+)**
Wed 10 June, 11.30am and Thurs 18 June, 11.30am, Green St

**Alcohol Awereness**
Thurs 18 June 3-5pm The Gate

**Grents Surgery**
Guidance for Let's Get the Party Started and Go For It grants. Thurs 11 June, 4-6pm Manor Park

**Newhem Steelhend Sessions for beginnere**
Tues and Thurs, 6.30-8.40pm Canning Town Caravanserai, 110-116 Silvertown Wy E16. £4. To register call 07927 644 629

## COMMUNITY ACTIVITIES

**Bumps and Babies (up to 1yr)** A free home-based meet up every Wed, 1-3pm for expectant parents and those with babies Email newhamnct@hotmail.com

**Meet and Greet Mums, Bumps and Babies** Fri in various cafes around Newham Visit www.netmums.com or email jojostevie@live.com

**Royal Docks Learning & Activity Centre**
**Mon,** Needlecraft 10am-12noon, £2. **Tues,** Parent and Toddler Group 10am-12noon £1 Bingo, 10am-12noon, £1 **Wed,** Keep Fit, 10 11am, £2 Employment 1 2-1 support, by appointment Creche available **Thurs,** Tai Chi, £2, first session free, 10 30am 12noon, Line Dancing £1 first session free, 1 3pm **Mon-Fri,** After School Club for Gallions, Britannia Village, St Joachim's and Drew primary schools **Mon-Fri,** Open Access After School Club 4-6pm £3 per day Royal Docks Learning & Activity Centre, Albert Rd, E16 Call 020 7476 1666 Visit www.rdlac.org.uk Search rdlaccommunity on Facebook

**Junior Volunteer Police Cadets (10-12 yrs, term time)** Wed 3 30 5pm, Little Ilford School Browning Rd E12 £1

**Senior Volunteer Police Cadets (13-17 yrs)** Wed, 6 30 9pm, Little Ilford School Browning Rd, E12, £2 50 Thurs 6 30 9pm, Eastlea Community School, Exning Rd, E16, £2 50 Call 07500 881 378

## BOXING AND SELF DEFENCE

**Boxing (Newham College)** Mon 5 6pm East Ham College, High St South, E6

**Fight For Peace Boxing** Mon to Fri, 4-5pm 10 14yrs Mon to Fri, 5-9pm, 14+yrs Woodman St, North Woolwich, E16 Call 020 7474 0054

**Punch Out (16yrs+)** Fri, 4 5pm, Katherine Rd C C 254 Katherine Rd E7

**Intense Fitness (14yrs+)** Workouts boxing and wrestling Fri 8.30-10pm, £5 The Hartley Centre, E6 Call 07878 253 642

**Stratford Judo** Competition training, juniors (8 14yrs) Tues and Thurs 6 30 8pm seniors (15+yrs) Tues and Thurs 8 9 30pm Beginners juniors (8-14yrs) Wed 6 30-7 45pm, seniors (15+yrs), Wed, 7 45-9 15pm From £2 £5 per class Carpenters and Dockland Centre, 98 Gibbins Rd E15 Call 07985 601 260 www.stratfordjudo.com

**West Ham Boys ABC** Mon, Wed, Fri, mixed (8-16yrs), 5-6pm Sat, boys (6-11yrs), 10 11am, girls (7-16yrs), 11am-12noon, £2 2 London Rd, E13 Call 020 8472 3614

**Indian Martial Arts** Tues and Thurs 5 30pm sun 9 30am Martial Arts Centre 27 Romford Rd E15 £5 or free for INUF users. Call 07703 594 398

## HEALTH AND FITNESS

**Janice's Fitness** Mon, 7.15-7 45pm, flatter abs, £3, The Hartley Centre, E6 Call 07818 000 643

**Twisted Pink Street Dance** 7 11yrs Thurs 6 7pm St Luke's Church Tarling Rd, E16 12+yrs, Fri 6 7pm, Maryland Studioz, 84 Leytonstone Rd E15 £3 Call 07961 544 017

**Zumba fitness** Mon and Weds 7 8pm £5 and £4 for 2nd class Vicarage Ln Community Centre, Govier Cl, E15 Call 07500 898 665

**Zumba with Jessica** Mon 6 30pm £2 50 Asta Community Hub 14a Camel Rd, E16, Sat, 9 30am circuits £4, Community Resource Centre, 200 Chargeable Ln E13 Call 07884 951 484

**Unity Zumba** Mon 8 9pm, Hartley Centre Barking Rd, E6 Tues, 8-9pm, St Mark's Centre, Tollgate Rd, E6 Weds 8 9pm Hartley Centre Barking Rd E6 Thurs, 8-9pm, St Mark's Centre, Tollgate Rd, E6 Sun, 6 30-7 30pm The Well Community Centre, Vicarage Ln E6 £5 Call 07886 884 573

**Let's Yoga** Thurs, 6 30-7 30am, Grassroots, £5, Sat 10am 12noon Jeyes C C, £1 Wed, 7 9pm Jeyes C C, £1; Thurs 7 8 30pm Field C C Free

**Lee Valley Cycling (12-25yrs)** Wed, 4 30 6pm, Lee Valley VeloPark, £5 or £50 for 12 wk course Pre-booking essential, email michelle.daniel@activeNewham.org.uk

**Indoor Tennis** Mon 6 8pm Lee Valley Hockey & Tennis Centre £3 Pre booking essential email michelle.daniel@activeNewham.org.uk

**Mini Tennis** Tues, 4 5pm, and 5-6pm East Ham Leisure Centre, 4-8yrs; Thurs, 4.30-5.30pm and 5.30 6 30pm, Newham Leisure Centre 4 8yrs and 8-16yrs £50 for 10 sessions Email michelle.daniel@activeNewham.org.uk

**Outdoor Tennis (14-25yrs)** Fri 5 7pm Stratford Park Email michelle.daniel@activeNewham.org.uk

**Tone-Tastic (18yrs+)** Mon, 2 3pm (free), Fri, 10 30 11 30am, (£1 50) Field C C

**Salsa Dancing (18yrs+)** Tues, 11 45am 12 45pm, Field C C

**Ballroom Dancing (18yrs+)** Thurs 2 30 4pm Field C C

**Athlefit** All ages and abilities Wed, 11am 12noon Jack Cornwell C C

## 50+ ACTIVITIES

**Age UK East London Nordic Walks (18+)** Tues 9 30-10 45am meet at Age UK East London Newham Branch 655 Barking Rd E13 Sun, 10-11am, meet at entrance of the Copper Box, Queen Elizabeth Olympic Park, E20 For more info call 07989 938 242

**Health Walks** Mon 2pm starts by the War Memorial Central Park E6 Call 07518 750 120 Tues, 10am starts outside Pret a Manger at Stratford Station Call 0844 414 2728 Tues 1 30pm starts at the corner of Wanstead Flats at the junction of Capel Rd and Woodford Rd Call 0844 414 2728 Wed 10 30am, starts outside Hamfrith Centre, McGrath Rd, E15 Call 07870 291 120 Thurs, 1 30pm starts at the corner of Wanstead Flats at the junction of Capel Rd and Woodford Rd Call 07908 744 555 Thurs, 2pm, starts by the War Memorial, Central Park, E6 Call 07518 750 120 Fri 10 30am, starts outside St Mark's Community Centre Tollgate Rd E6. Call 07908 744 555

**Newham Striders** Daily walking group Call 0844 414 2728

**Nordic Walking** Wed, 9 30am Meet at Lord Lister Health Centre, E7 Not suitable for wheelchairs Call 07783 660 429 Fri 6 30 8pm Meet at Newham Leisure Centre, E13 Sun, 10-11 30am Meet at East Ham Leisure Centre, E6

**Young at Heart** Bingo Club Mon 12noon 4pm £1 Jeyes C C

**Ballroom Dancing** Mon, 10am 12noon, St Paul's

Church Centre Burges Rd, E6
£2.50 per session
Call 07761 209 463

**Active Centre Bingo (50+yrs)**
Thurs 7.9pm Jack Cornwell C C
Mon 12noon-4pm, Jeyes C C

**Over 50s club**
Thurs, 10am 12noon, Beckton

**ICCAN**
Faith based group with cultural activities. Fri 12noon-2pm, Jeyes C C

**Active & Connected**
Social group for gay and bi men. Last Thursday of each month. For information contact 020 7791 2855

**Tee Oence**
Wed 17 June 1.3pm St Mark's C C £1.50

**Active Centre 50+ Group**
Weds 12noon 4pm Field C C

**Dominos Group**
Fri 6.10pm Field C C

## GREEN

**Green Gym**
Weds, 10am-1pm meet at Visitor Centre in East Ham Nature Reserve Norman Rd E6
Call 07845 973 156

**Green Volunteering**
Tues and Thurs, 10am-2pm Silvertown Wy, E16 (opp Hallsville Rd)

**Gerden Club**
Tues 1.3pm Thurs, 4.7pm, Sat 10am 4pm Abbey Gdns Bakers Row E15

**Gardening Thymes Gerdening Club**
Fri, 11am-1pm Bowling Green, Central Park, High St South E6

**Grow Together Be Together Community Gardening Club**
Wed, 10am 1pm Sat, 1pm-3pm Flanders Field Melbourne Rd entrance E6. Call 020 8586 7070

**Caravensers/ Gerden Volunteering**
Thurs and Sat 11am-3pm Silvertown Wy E16. For information call 07773 863 384

## DOORSTEP CLUBS

Call 0844 414 2728 unless otherwise stated.

**Athletics Club (14yrs+)**
A multi sport session focusing on athletics, football and the gym
Tues, 6-7pm Newham Leisure Centre E13 Call 07718 394 756

**Gym & Basketball (14yrs+)**
Tues, 6-10pm £2, Rokeby School, Barking Rd, E16

**Stunt & Tumble (14yrs+)**
Thurs, 7.30-9pm £5 Talent Cheer & Dance, Gallons Reach, Armada Wy E6 Call 07866 612 610

## FEMALE SPORTS

**Basketball Sessions**
Tues, 4.5pm Chobham Academy, 40 Cheering Ln, E20

**Dare2Dance (12-16yrs)**
Street dance Fri, 3.30-5.30pm Newham Leisure Centre, E13

**Female Boxfit (14yrs+)**
Mon 4.15-5.15pm Balaam Leisure Centre E13 Call 07970 783 526

**Girls Football (11-16yrs)**
Tues 4.5.30pm and Thurs 5.6pm, Newham Leisure Centre. Fri 5.7pm Memorial Park, E15

**Girls Group Cycling (11-15 yrs)**
Tues and Thurs, 5.5.30pm, Newham Leisure Centre, E13

**Just Play (14yrs+)**
Wed 6.30-8pm multi sports (term time) Cumberland School E13 Call 0844 414 2728

**Abs Blast (11-15yrs)**
Thurs, 5.30-6pm, £3.10, Newham Leisure Centre, E13

**Athlefit (14-18yrs)**
Athletic fitness Wed, 5.30-6.30pm £1 Flanders Community Centre Napier Rd, E6 Call 07718 394 756

**Get Back into Netball**
Tues 6.7.30pm juniors 7.30.9pm seniors £2 Lister Community School E13 Call 07717 281 529

**Zumba Fitness (16yrs+)**
Mon 6.30-7.30pm, 395 High Street North, E12 6PG, Weds, 6.30-7.30pm, Unit 1 the Mews Kempton Rd, E6 2LD Contact 07508 222 752 £5

**Keepfit**
Wed 10am £1 Chandos East Centre E15 Call 07950 944 095

**Ladies Only Keep Fit**
Wed, 10am £1, Chandos East Centre, Chandos Rd, E15
Thurs, 10am, £1.50, Rokeby Centre, Rokeby St, E15

**Women's Bedminton**
Fri 1.2.30pm East Ham Leisure Centre E6 £2 equipment provided Call 07930 162 505

**Women United AFC (11yrs+)**
Mon (term time), 6.7.15pm, £1 Kingsford School, E6 Call 07792 932 979

**Zumbe end Tone**
Tues, 1.15-2.15pm £1 St Bartholomew's Church Hall Barking Rd, E6. Call 07944 775 679

**Women's Martial Arts (16yrs+)** Tues, 5.15-6.15pm, Jack Cornwell C C For more info ring 07473 030 250

## SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

**Ability Club (14-25yrs)**
Multi sports for disabled young people Wed 5.30-6.30pm and Fri 4.45-6pm NewVic, E13

**Athletics (8-18yrs)**
Tues 4.15-6.15pm Brampton Manor Roman Rd, E6 Thurs 4.30-5.55pm St Angela's Ursuline School, E7 Email cnourrice@englandathletics.org

**Family Swims**
Sat. 4.30-5.30pm Newham Otters Swimming Club Newham Leisure Centre E13 Call 0300 124 0123 Sun, 12.30-2pm Family Swim, Balaam Leisure Centre, £5 Call 0300 124 0123

**Get Fit for Free**
Tues 1.30-3.30pm and Fri 10am 12noon Free gym use for people with learning disabilities Newham Leisure Centre E13 To book an induction call 0300 124 0123

**Sensory Play (U5yrs)**
Wed, (term time) 1.30pm-3pm, Oliver Thomas Children s Centre, Mathews Ave, E6 Email Naomi ferron@oliverthomas newham sch uk or call 020 8821 0997

**Swim for Families Dealing with Autism**
Wed 4.5pm Balaam Leisure Centre E13 Call 0300 124 0123

**Support in Action (18yrs+)**
Indoor and outdoor activities advice and support. Thurs 12noon-4pm, to Jeyes C C

## RUNNING

**Beckton Perk Run**
Sat 9am Beckton Park South E16 Call 07718 394 756
www.parkrun.org/beckton

**East End Road Runners**
Tues and Thurs 7pm Sun, 9am Meet on the track. Coached sessions for all abilities Newham Leisure Centre, E13 Call 07979 261 647

**West Ham Park Run**
Sun 11am Meet at Central Park Keepers Lodge Call 020 8257 4505

**Run England**
**£2 unless stated.** Sun, 10am 12noon, Newham Leisure Centre, E13, (meet on track) Mon, 4.5.30pm Newham Leisure Centre, E13 (meet on track) Mon, 5.45-6.45pm, Newham Dockside, E16 (meet at reception) Wed 12noon 1pm Newham Dockside E16 (meet at reception) Thurs, 5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception) Sat 10-11.30am, Wanstead Flats E12 (meet at Harrow Rd Changing Pavilion) Sat 10-11.30am, Memorial Park, E15 £4 (meet at car park) Call 07718 394 874

## SPORTS

**Athletics**
Newham and Essex Beagles Athletics Club Mon and Wed, 6.9pm Foundation Groups (8-10 yrs), Mon, 7-8pm and Wed, 6-7pm £5 Terence McMillan Stadium, Newham

Leisure Centre, E13. Visit www.newhamandessexbeagles.co.uk

**BMX (6-16yrs)**
Sun, 10am-12noon, £3. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333 615.

**Fencing with Newham Swords** Tues, 6-9pm, Thurs, 6-9pm, Fri, 7-10pm. Classes for adults (18+) and mini pirates (4-7yrs). UEL SportsDock. Call 07956 618 898.

**Indoor Cricket (6-16yrs)**
Wed, 6-8pm, £2, Lister Community School, E13. email michelle.daniel@activeNewham.org.uk

**Black Arrows Badminton Club** Adults: Fri, 7-9pm. Juniors: Sat, 10am-12noon, £3.70. East Ham LC. Adults: Weds, 7-10pm, UEL SportsDock. Call 07932 037173.

## FOOTBALL

**AIR Football (16yrs+)**
Tues, 1-3pm, Fri, 10am-12noon, Memorial Park, Memorial Ave, E15. Fri, 3-5pm, Beckton Powerleague, E6. Visit www.airfootball.co.uk

**Football and Athletics**
Thurs, 4.5.30pm, Britannia Village, 65 Evelyn Rd, E16.

**Football & Multi Sports**
Mon, 4-5.30pm, Newham Leisure Centre, E13.
Wed, 5-6pm, Stratford MUGA, West Ham Ln, E15.

**Mayor's Football League**
U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18yrs, 6-7pm, Newham Leisure Centre, E13.

**Premier League (16yrs+)**
6-a-side (4 subs). Weds, 7-10pm, Newham Leisure Centre, E13.

**WHU Kicks**
Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A Albatross Cl, E6. Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12. Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15. Sat, 10.30am-12noon, Newham Leisure Centre, E13.

**Ascension Football**
Sat, 10-11.30am, £3. Reception to 11yrs, King George V Park, King George Ave, E16. Call 07806 584 925.

## BASKETBALL

**Basketball & Multi Sports**
Fri, 5-6.30pm, 8-19yrs, Snowshill MUGA, Snowshill Rd, E12.

**Basketball Sessions**
Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12.

**National League**
Mon, 6-8pm, U13/14yrs. Tues, 6-8pm, U15/16yrs, Rokeby School, E16. Thurs, 4.30-6pm, U13/14yrs boys, U14yrs girls; 6-8pm, U16yrs, Newham Leisure Centre, E13, 6-8pm, U18yrs, Cumberland School, E13.

**NCFE Sports – Basketball**
Thurs, 5-7pm, East Ham Leisure Centre. To register email sports@newham.ac.uk or call 020 8257 4255.

**Senior Programme**
Mon, 7.30-9.30pm, Division 2 women and division 3/4 men, Rokeby School, E16. Call 07947 401 616.

**Newham All Star Sports Academy (NASSA)**
Sessions £1 unless indicated. Juniors, Fri, 4-6pm, Cumberland School, E13. National league U13yrs, U14yrs, U16yrs, Tues, 6-8pm, Rokeby School, E16. National league U18yrs, Tues, 8-10pm, Rokeby School, E16. National league U13yrs, U14yrs, U16yrs, Thurs, 6-8pm, SportsDock. National league U18yrs, Tues, 8-10pm, UEL SportsDock. Junior boys and girls, Sat, 10.20am-12.20pm, UEL SportsDock, £2. Call 07703 503 995. www.nassasports.org.uk

**Youngbloods Basketball**
All sessions cost £1. U12yrs, mixed, Sat, 1-3pm, East Ham Leisure Centre, E6. U13/14yrs boys, Mon, 6-8pm and Wed, 4.30-6pm, St Angela's School, E7. U13/14yrs girls, Mon, 4.30-6pm and Wed, 4.30-6pm, St Angela's School, E7. U15/16yrs boys, Tues, 6-8pm, St Angela's School, E7. Thurs, 8pm, St Bonaventure's School, E7. U17/18yrs boys, Mon and Wed, 8-10pm, St Angela's School, E7. Call 07958 307 657.

## COMMITTEE MEETINGS

All meetings take place at Newham Town Hall, Barking Rd, E6, unless otherwise stated.
**Tues 9 June,** Mayoral Proceedings, 9am.
**Tues 9 June,** Corporate Parenting Board, Newham Dockside, E16, 4.30pm.
**Tues 9 June,** Crime and Disorder Scrutiny Commission, 7pm.
**Tues 9 June,** Health and Social Care Scrutiny Commission, 7pm.
**Wed 10 June,** Investment and Accounts Committee, 6.30pm.
**Tues 16 June,** Strategic Development Committee, Old Town Hall, E15, 7pm.
**Wed 17 June,** Health and Wellbeing Board, 7pm.
**Thurs 18 June,** SACRE, St Paul & St James Church, E15, 7pm.
**Thurs 18 June** Audit Board, 7pm.
**Mon 22 June,** Local Development Committee, Old Town Hall, E15, 7pm.

## CONTACT THE MAYOR

**Surgery**
To register for the surgery you must arrive at the venue up to 30 minutes ahead of the advertised time. **Thurs 11 June,** 10am, Canning Town Library. **Tuesday 16 June** 5pm, Newham Town Hall, E6.

**Telephone surgery**
**Wed 10 June.** Call 020 8430 2000 between 9.30-10.30am and leave your details.

## CONTACT DETAILS

### LIBRARIES & COMMUNITY NEIGHBOURHOODS

**Beckton Globe** 1 Kingsford Wy, E6
**Canning Town** Barking Rd, E16
**Custom House** Prince Regent Ln, E16
**East Ham** 328 Barking Rd, E6
**Green Street** 337-341 Green St, E13
**The Gate** 6-8 Woodgrange Rd, E7
**Manor Park** 685-691 Romford Rd, E12
**North Woolwich** 5 Pier Parade, E16
**Plaistow** North St, E13
**Stratford** 3 The Grove, E15
**Archives and Local Studies** Call 020 3373 6881 email archives@localstudies@newham.gov.uk

### LEISURE & SPORTS VENUES

**Balaam Leisure Centre** 14 Balaam St, E13
**East Ham Leisure Centre** 324 Barking Rd, E6
**Newham Leisure Centre** 281 Prince Regent Ln, E13
**NewVic** Prince Regent Ln, E13
**UEL SportsDock** Docklands Campus, University Way, E16

### COMMUNITY CENTRES (C.C)

**Backton Community Centre** 14 Manor Wy, E6, 020 7511 1214
**Field Community Centre** 147 Station Rd, E7 020 8536 2800
**Grassroots Centre** Memorial Park, Memorial Ave, E15 020 3373 0650
**Tha Hartley Centre** 267 Barking Rd, E6
**Tha Hub** 123 Star Ln, E16 020 3373 0750
**Jack Cornwell Community Centre** Jack Cornwell St, E12 020 8553 3459
**Jeyes Community Centre** 1 James Cl, E13, 020 8548 9788
**Katharina Rd Community Centre** 254 Katherine Rd, E7 020 8548 9825
**St Mark's Community Centre** 218 Tollgate Rd, E6 020 7511 1214
**Upton Community Centre** Claude Rd, E13, 020 8471 0040 (currently closed)
**Vicarage Ln Community Centre** Govier Cl, E15, 020 8519 0235
**The Well Community Centre** 49 Vicarage Lane, E6 020 7586 7070


All listings may be subject to change. Please contact individual events and activities before attending.

Newham London

# the Mayor's Newham Show

Celebrating 50 years of Newham

FREE

## Saturday 11 and Sunday 12 July 2015

## 12noon - 6pm

Central Park, High Street South, East Ham E6

**Two days of fantastic FREE family fun including:**

- Featuring on the main stage
  Cook and Line from CBeebies' Swashbuckle 11 July
  Postman Pat and Jess the Cat 12 July
- Live music, Newham seaside and much more!
- The Mayor's Newham Carnival, 2pm Saturday

CARNIVAL

www.newham.com/summer
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newhamevents #NewhamShow

Mayor of Newham

# COMING SOON: E15'S NEW NEIGHBOURHOOD

- A MAJOR NEW NEIGHBOURHOOD
- APARTMENTS, HOUSES, CAFES & SHOPS
- CLOSE TO THE STRATFORD HUB

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